



FOOT, TACK & CLEW

East Coast Sailing Association

P.O. Box 372054 • Satellite Beach, FL 32937-0054

<http://www.ecsasail.com>

BOAT/US Coop Number GA81299B

October 2018



THE OFFICIAL LOG OF THE EAST COAST SAILING ASSOCIATION

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Carmen Camp 407 - 620 - 5811

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Page Proffitt 321 - 806 - 0303

DIRECTORY

Bob Wiley 321 - 773 - 4613

WEBSITE

John Boyd 321 - 720 - 9813

CRUISING FLEET

Lynda Geraci 321 - 773 - 1437

Next General Membership Meeting
Wednesday, October 10, 2018 @ 7pm

The Mahina Sailing Expedition in Scotland and Ireland

Satellite Beach Civic Center, 565 Cassia Blvd
Latitude 28° 09' North, Longitude 80° 36' West

OCTOBER Calendar of Local Sailing Events

5	MYC	Rum Race
14	MYC	Small Boat Sunday
20-21	ECSA	Sebastian Cruise
20-21	MYC	Fall Race Week
21	MYC	Rum Race
28	MYC	Fall Race Week

NOVEMBER Calendar of Local Sailing Events

4	MYC	Rum Race
17-18	ECSA	Rotary Park Cruise
18	MYC	Rum Race
25	MYC	Small Boat Sunday

Foot, Tack & Clew is the official newsletter of the East Coast Sailing Association and is mailed to the membership each month or available at <http://www.ecsasail.com>.

The opinions expressed herein are those of the authors and not necessarily those of the East Coast Sailing Association.



THOUGHTS FROM YOUR COMMODORE

Pat Fletcher

What an adventure our Labor Day Trip was!

The day started out so perfect, we left the Marina about 9 am meeting up with John and Lynda heading for our first stop at the Vero Marina. Couldn't ask for better sailing weather, in fact the sails were up until we hit Grant Island. Just a beautiful day, no rain, a nice breeze, just cruising along, not a care in the world, then it happened --- we ran aground while Captain Bruce was on the radio with Vero Marina! It is said that there are three kinds of skippers, those who have run aground, those who will run aground and those who have and won't admit it. Well, Captain Bruce must admit it because I am living proof! A broken foot. So, with all that said, I did a bit of research of the what to do's and not to do's when this happens.

Immediate Actions

First, here is what you should not do when you run aground. Unless you are sure that it is a small shoal with deeper water ahead, do not apply power and try to push your way across, you will only put yourself harder aground. Do not immediately shift into reverse and increase engine power to back off, you might suck up mud and/or bottom vegetation into the engine intake (watch for any signs of engine overheating) and you might further damage the propellers. Instead, take time to assess the situation. Is any water coming in the hull? Where exactly are you? How did you get there? Where might deeper water lie? **And**, is your First Mate ok?

Getting off

If you are only lightly stranded, you may be able to get off without assistance. First, determine where deeper water lies, this may or may not be the direction from which you came. Then try to reduce draft. In any type of craft sail or power you can empty water tanks if the supply isn't critical.

You might also place some heavy gear in a dinghy. On a sailboat, you can try reducing draft by taking a halyard out to one side, attaching it to an anchor or another boat, and pulling. Yet another maneuver is to put out an anchor in the direction in which you wish to move. If you have an anchor windlass or a sheet winch, use that to take in the line. This is called "kedging off." The anchor can be carried out by dinghy, the longer the scope the better.

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VIEW FROM THE VICE COMMODORE

Diana Cox

Greetings from your Vice Commodore.

I want to share my recent experience to Ft. Pierce with you all. This was my first time sailing away from my home port on the ICW.

I have to say, it was a wonderful experience that taught me more than just how to be brave when a storm hits me while out sailing. It taught me how nice it was to be part of a club of people that enjoy the same sport as myself and have knowledge to share. I loved to see how quick everyone was to help each other out. It gave me the opportunity to get to know my fellow sailors more than just at a meeting, and yes, I still like them.

The trip gave me confidence to go beyond my comfort zone and enjoy even the challenges of sailing. Ray, my husband, did not go with me but learned something also. He decided he should take out more life insurance on me between alligator encounters while hiking and tropical storms while sailing.

We are currently on our newest adventure to New Mexico. We will be going up in an air balloon while at the festival. I wonder what adventure is in store for me. Where ever you are right now take a moment to really look around. Life is a miracle, enjoy the ride.

Lovingly,

Your Vice Commodore
Diana L. Cox





Secretary's Report

**East Coast Sailing Association
General Membership Meeting**
September 12, 2018

Call to order: 7:05p.m. by Pat Fletcher, Commodore.

Introduction of the Board:

Commodore	Pat Fletcher
Vice Commodore	Diana Cox
Rear Commodore	Lynda Geraci (NP)
Secretary	Joe Clويد
Treasurer	Grover Gregory

Governors at Large: John Geraci (2018)(NP), Don Theriault (2019), Steven Lambert (2020)
Past Commodores: Nancy Knobbs(NP), Joe Coleman, Page Proffitt, John Geraci(NP), Al Pappas(NP)

Commodores Opening Remarks

Pat started by naming and thanking our past commodores and committee members. Thanks also to our advertisers, Copper Coat, Harbor Square Marina and Long Dogger's. She announced tonight's presentation would be about hurricane preparedness, which is important right now with 3 storms out in the Atlantic. The BOG has gotten off track with new memberships and was not getting welcome packages out in timely manner but this will change. Pat read the list of new members; John Streiker, Ingrid Bradley, Susan Hushla (returning), Pam and Ken Windsor (returning), Tom and Genevieve Boles, Gary Bergstrom and Bill Kostick (one membership), and Amy Pierce. We welcomed Joe and Francine Polidori, they have been members for awhile but haven't been coming to meetings. They told us a little about themselves including a recent lightning strike on their Catalina 36. We had two back to back cruises and everyone had a good time except for a few injuries including Pat's broken foot. John Boyd talked about the Capt. Katanas cruise. There was a good turn out with 5 Boats. We all had a nice dinner and everyone enjoyed the balmy breeze on their deck. Those that stayed had a potluck breakfast in the morning. Diane talked about the Labor Day cruise to Ft. Pierce. Some stopped at Sebastian Inlet the first night with some pushing on to Vero Beach. Everyone had fun. It was Diane's first cruise past Melbourne and she got to use her new chart plotter, especially in the storms on the way home. Suintex

marina was a great facility with lot's of nice amenities. The BOG has chosen a nominating committee, Joe Coleman, Jesse Camp and Don Theriault. They may call on members to volunteer for BOG and committee spots. There was a brief discussion about what each spot entails for membership, VC and programs. With all the websites updates everyone should check their membership status and check to see when their membership are due and if their information is correct. The 2018 directory was never published but we will work hard to get out the 2019 edition and will try to have it ready for the annual banquet. Grover asked that if some members don't want to get club correspondence through email or the web page to please give us a mail address and we can send info by mail.

Page talked about the MYC big boat regatta that is coming up soon. There are lot's of activities and sailing so it's a week of fun. Visit the MYC website for more info or if you would like to help out. The Night Sounds concerts are returning to Sebastian Inlet State Park in September. Pat and Bruce are hosting the October 20/21 cruise to Sebastian Inlet for the concert and they have reserved pavilion #2. If coming by boat please contribute to the donation box as you are not paying to enter the park. Pot luck lunch on Saturday and breakfast Sunday morning. Joe Coleman talked about the SSCA GAM coming up, dates are Nov. 9 through the 11th. ECSA has always helped out and the club makes money by running the kitchen. Joe will be looking for help, please sign up, it's easy and fun. We get a free table for the club in return for our services.

Joe Coleman also talked about his adventure with making dinghy chaps. Joe was working with Scott Morgan at Sails by Morgan in Cocoa but Scott got busy and Joe did a lot of the work himself except for the sewing. It was a learning experience that he would be happy to share with anyone interested in making their own.

Approve Minutes: Approved unanimously

Approve Treasurer Report: Approved unanimously

Introduction of Guests:

None tonight

Any Old Business:

None

Any New Business:

None

50/50 Drawing:

Jennifer Clendenin hosted the drawing for \$15, the

(Continued on page 4)



TREASURER'S REPORT

Grover Gregory

Income Statement	Report Month	Year to Date
	Aug '18	Jan '18 - Aug '18
Revenue		
50/50	\$25.00	\$150.00
Advertising	\$0.00	\$175.00
Banquet	\$0.00	\$927.19
Bus Trip	\$0.00	\$1,900.00
Donations	\$0.00	\$0.00
Member Dues	\$95.00	\$1,500.00
Merchandise	\$25.00	\$417.00
Miscellaneous	\$0.00	\$0.00
Total Revenue	\$145.00	\$5,069.19
Expenses		
Awards	\$0.00	\$0.00
Bank Svc	\$4.30	\$160.87
Banquet	\$0.00	\$2,829.27
Bus Trip	\$0.00	\$2,490.45
Cruising	\$0.00	\$190.46
Insurance	\$0.00	\$670.00
Meeting & Ofc Sup	\$164.40	\$653.88
Merchandise	\$0.00	\$0.00
Miscellaneous	\$0.00	\$181.25
Postage	\$0.00	\$122.11
Printing	\$0.00	\$725.98
Rent	\$0.00	\$378.00
Sales Tax	\$0.00	\$72.48
Sunshine	\$0.00	\$0.00
Total Expenses	\$168.70	\$8,474.75
Bank Balance		\$7,370.60
Bank Balance This Time Last Year		\$8,792.95

SECRETARY'S REPORT

Continued from page 3

lucky winner was Ray Cox.

Introduction of Guest Speaker:

We had a panel discussion on hurricane preparation. Joe Colman talked about boat prep in a marina, Bob Wiley showed how he secures his boat in the canal behind his house. Grover told us about some hard learned lessons about mooring his boat on a helix anchor mooring in the river.

Meeting Adjourned at 7:37p.m.

Respectfully Submitted,
Joe Cloidt, Secretary

Thoughts from your commodore

Continued from page 2

If another boat is available to help you, run a line to that boat if it can pull in the desired direction. Be very careful that the other boat does not become stranded in the same shallow water. It may be necessary for the other boat to put out an anchor to keep her clear. Be sure both boats have deck fittings that can withstand the strain of the pull.

Even if the other boat cannot pull to get you off, she may help by running back and forth and making as large a wake as possible. The waves formed in this wake may lift your boat enough to get her off. You should use this technique only where the bottom is soft enough to cushion your underbody. A sandy bottom would probably be okay, but you don't want to be heaving up and down on a rock.

We were very lucky we just hit something in the water coming into Vero and just did a big bounce! As soon as we were set in our slip Bruce did go in the water and check the bottom of the boat and of course while he was in there, John had him clean his prop! Also remember there's always Tow Boat. All in all, what a great weekend!

*Commodore
Pat*



Cruising News

Happy Labor Day!!



Ft. Pierce Labor Day Cruise Review

Jesse and Carmen Camp

Another successful cruise to Ft. Pierce Harbortown Marina. Those who attended by boat were: Jesse and Carmen Camp, Cool Breeze; Don and Joanne Theriault, Impulse; Joe and Karen Coleman, Alibi; John and Lynda Geraci, Adventurra; Bruce and Pat Fletcher, Little Attitudes; Diana and Hannah Cox, Rayanna; Ken Peters and Steve O'Brien, Callisto; Tom and MaryAnn O'Shea, Southern Comfort. Those who attended by car were: Laura Zavalia (guest of Ken Peters), Raymond Cox, Bob Wiley, Simon Konmjiean, Eileen Kiesel, Tom and Genevieve Bules, Carol and Gus Hancock (guests of the Camps)

Some of our hardcore sailors that arrived Friday afternoon got together for dinner at the marina's restaurant, The Cove. Saturday morning we shuttled to the Farmers Market. Everyone was on their own for lunch but met for dinner again at the marina's restaurant. Sunday morning, unfortunately our regular breakfast restaurant, Lenzi's, was closed due to permits, so instead we shuttled to Captain's Galley for breakfast. After breakfast, everyone headed to Suntex Marina in Vero Beach and had a great cookout in the evening at the marina's Captain Lounge. All returned to home port Monday morning.



Sebastian Inlet Cruise

October 20-21

Bruce and Pat Fletcher

We have reserved Pavilion #2 for Saturday! Sooo, come early and enjoy the day. Bring something to put on the grill which will be ready at 5 pm and a dish to share. The concert will begin at 7pm and it is between pavilions 3 and 4 so we're in the perfect spot to enjoy the sounds. You can come by boat or car.

Land: South side of Sebastian inlet in the state park when you enter the park just follow the road all the way to the end, there's plenty of parking

Water: South of the inlet turn east at marker 65 once you get almost across from the point turn NE towards the Manatee sign. 6 to 7 feet of water just west of the sign.

Sunday morning, we can meet in the same pavilion for breakfast before everyone heads for home! Hope to see everyone there whether by boat or car.



Don't miss our next meeting:

This month's presentation will be on The Mahina Sailing Expedition in Scotland and Ireland. Presented by one of our own, John Boyd, on October 10th @ 7:30pm at the ECSA Membership Meeting at the Satellite Beach Civic Center.



ECSA News

Captain Katanna's Cruise Report

John Boyd

The storms stayed west of Melbourne through the afternoon of Saturday, August 25. So, five of ECSA's finest sailboats, handled capably by intrepid ECSA crews, enjoyed a pleasant afternoon Indian River sail with gentle easterly breezes. All five vessels arrived at Captain Katanna's in time for the festivities to begin. Two boats tied up to the end of the restaurant's newly refurbished dock and two anchored just off shore. The final boat to arrive displayed some impressive derring-do by backing in between the outermost pilings and tying off med-moor style between the two boats that had docked previously! Well, you'll just have to check out the photos on the web site! As always, everyone helped each other with docking operations so that we could all celebrate stress-free inside one of our favorite eateries.

In all, an assemblage of 31 ECSA members and 3 guests walked inside beneath the locally-famous yellow-on-blue "KATANNA'S" sign where we enjoyed an evening of delicious seafood, fine beverages, and, best of all, fascinating conversations and camaraderie. The staff at Captain Katanna's was exceptional, as usual, including cooking, serving, and moving chairs as needed.

After dinner, we gathered on the outside deck, where the cool(er) breezes off the river made for a relaxing atmosphere that was enjoyed by all. Those who had arrived via land, plus the crew of one boat, eventually departed the scene, while the remaining tired sailors headed to their respectable ... oops, respective ... boats for a good night's sleep under the full moon.

The sailors awakened Sunday morning to a beautiful sunrise followed by an excellent pot luck breakfast on the deck. Scrambled eggs prepared aboard a boat taste so much better than those cooked on land! Leaving the tables as clean as we found them (maybe even a bit cleaner), we walked out to our boats, said our good-byes, and cast off. We all hoisted our sails to catch the nice early morning southeasterly breezes, and all of us made it home safely. Thanks, Katanna's -- We will be sure to stop by next year!

By Boat (in arrival order): Little Attitudes - Pat & Bruce Fletcher, Impulse - Don & JoAnne Theriault, Aspire - John Boyd and crew Diana Cox *, Alibi - Joe & Karen Coleman, WinDependence - Grover & Natasha Gregory.

* = Rayanna had mechanical issues; returning the favor from last year's St. Patrick's cruise where Aspire was the disabled boat.

By Land: Lynda & John Geraci, Raymond Cox, Tom & MaryAnn O'Shea, Joe Cloidt, Jesse & Carmen Camp, Bob Wiley, Tom & Genevieve Boles, Loretta & John Schnitzius, Chip & Louise Worster, Patricia Key & Madren Campbell, Clyde & Diane Berry, Nancy Coleman & James Gray (guests), Dave & Brenda Merschberger, & Patty (guest).

Let's go "GAM-ing"

Joe Coleman

The 2018 Seven Seas Cruising Association GAM will be held on November 9th, 10 and 11th. Each year we provide manpower to help them pull off a successful GAM by selling refreshments from the kitchen, serving lunches and the annual dinner, and providing some people to sit at the registration desk. In return they provide us with a table in the exhibitor's room and table at the flea market for free. The profits from the kitchen are donated to the club which makes this a fun fundraiser for our club.

I will be asking for volunteers to help with the kitchen and SSCA tables and Tom O'Shea will be looking for help with the ECSA table. In return for your volunteering you will have the opportunity to attend some of the lectures provided by the SSCA. At the general membership meeting last month, I was able to fill some of the time slots but still need people to work the kitchen and club table on Friday and Saturday from 12:00 till 4:30. Volunteers will be able to bring flea market items to our table there free of charge.

This is our only fund raising event for the year and it is a good event to see old friends, make new friends and, hopefully, get new ECSA members. Please help by calling Joe Coleman at 321-223-6871 or email me at joecoleman@cfl.rr.com To help in the kitchen, or contact Tom O'Shea at 321-986-8772 or email teo-shea@bellsouth.net to volunteer for our club table.



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Questions or comments? Get in touch with us at:
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*Classified ads are **free** for ECSA members.
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Hospitality



*Thank you to Karen Coleman
for refreshments at the Octo-
ber general membership
meeting*

SEBASTIAN STATE PARK CONCERT CRUISES

September: 22 - 23

October: 20 - 21 (Fletcher)**

November: 24 - 25

December: 22 - 23

October is the only month that is an
ECSA sponsored cruise.

2018 PROPOSED ECSA Events Calendar

Date	Event [Contact]	Date	Event [Contact]
Oct 10	<i>General Membership Meeting</i>	Nov 24-25	<i>Sebastian Cruise</i>
Oct 20-21	Sebastian {Fletcher}**	Dec 12	<i>General Membership Meeting—Potluck</i>
Nov 14	<i>General Membership Meeting</i>	TBD	Boat Parade - {Hutson}**
Nov 17-18	Rotary Park - {BOG}**	Dec 22-23	Sebastian Cruise

** ECSA Sponsored Cruise

Check out <http://www.sail-race.com> for up-to-date racing information.



EAST COAST SAILING ASSOCIATION

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COOP MEMBER